



FROM  
 Oakdale United  
 Methodist Church  
 Prayer Shawl  
 Ministry  
 West Boylston, Massachusetts

**S**OMETIMES, A FULL-SIZE PRAYER SHAWL JUST isn't practical—either to make or to use. Shawl makers have thus adapted the idea into smaller works called “prayer squares.” The prayer square can be placed inside a pocket or used as a bookmark. Another variation is the “prayer pocket.” This can be used to hold prayer requests, medals, rosary beads, or a special memento of a loved one. Both patterns can be modified to meet the needs of the recipient and customized with beads and symbolic charms.

If you've never used a prayer pocket to hold a prayer request, here's what you do: On a small piece of paper, write a prayer request or the name of someone you wish to pray for. Place this paper in the pocket, then hang the pocket on a bedpost or place it where you will see it and remember to pray. Occasionally, review your prayer requests to see how they've been answered.

# PRAYER SQUARE & PRAYER POCKET

**Skill Level**  
 Easy

**Finished Measurements**  
 • 3½ in long by 3 in wide

**Yarn**  
 • Approx 25 yd worsted weight yarn  
 • Recommended yarns include soft yarns like Caron Simply Soft or Red Heart Soft. You may also use two strands of sport or baby weight yarn held together.

**Needles**  
 • Size 9 straight needles (or size needed to obtain gauge)  
 • Size G or H crochet hook

**Gauge**  
 • 16 sts and 28 rows = 4 in worked in Garter Stitch

**DIRECTIONS**

**PRAYER SQUARE**  
 CO 18 sts.

**Rows 1–5:** Knit.

**Row 6:** K8, p2, k8.

**Row 7:** Knit.

**Rows 8, 10, 12:** K8, p2, k8.

# PRAYER SQUARE & PRAYER POCKET

**Rows 9, 11, 13:** Knit.

**Row 14:** K5, p8, k5.

**Row 15:** Knit.

**Row 16:** K8, p2, k8.

**Row 17:** Knit.

**Rows 18 and 20:** K8, p2, k8.

**Rows 19 and 21:** Knit.

**Rows 22–26:** Knit.

BO all sts.

## TASSEL

Cut 3 strands of yarn, each 12 in long. Fold in half, making a loop. Put a crochet hook into center of one 3½-in side of square. Pull up a loop and pull tail of tassel through loop to secure tassel to prayer square. This forms a 6-strand tassel.

## EMBELLISHMENT

You may thread letter beads onto one or more of the strands of the tassel to spell a comforting word such as *love, heal, peace, hope, trust, faith, praise, or pray*. Put a knot or two at the end to secure the beads in place.

## PRAYER POCKET (MAKE 2)

Following the directions for Prayer Square, make 2 squares.

Using a whipstitch and matching yarn, sew the 2 squares tog on 3 sides, leaving the top open so it forms a bag.

## FINISHING

Using a crochet hook, ch 21, sc in 2nd ch from hook and in each ch across. (20 sc)

Attach handle to top of the pocket, like a bag handle.

Following the directions under "Tassel," make 3 tassels. Attach one in each corner of the bottom, and one in the center of the bottom.

The 3 tassels represent the Trinity: the Father, Son, and Holy Spirit. Using letter beads, as described under "Embellishment," string a word to each tassel, to make a three-word inspirational message, such as "God Hears Prayers" or "Say Your Prayers."



## YOUR POCKET PRAYER SHAWL

*As you hold your Pocket  
Prayer Shawl  
You hold the Hand of God  
May you feel His loving  
and comforting touch.  
The cross in the middle  
connects you  
To Jesus and His blessings.  
Know that He is always with you.*

—KATHY DILL  
WEST BOYLSTON,  
MASSACHUSETTS