



This Faroese shawl is knitted from the neck down. Faroese shawls have shaping in the shoulders, which allows the shawl to hug the shoulders and prevent it from falling off.

Yardage: 600 yds of DK weight yarn & size 8 needles

1. Cast on 5 stitches. If desired, a provisional cast on can be used.
2. Knit 19 rows in garter stitch
3. After 19<sup>th</sup> row, pick up 18 stitches from long edge, then 5 stitches from cast on edge. (5+18+5 stitches)

Row 1: knit across 28 stitches

Row 2: knit 5 st, pm, yarn over, knit across 18 st, yo, pm, knit 5 st.  
(5+yo+18+yo+5)

Row 3: knit across 30 st

Row 4: knit 5 st, move marker, yo, k1, yo, pm, knit 18 st, pm, yo, k1, yo, move marker, knit 5 st.

At this point you will have 5 stitches forming an edge, 3 stitches that will form the wings of the shawl, 18 stitches that form the center gusset, 3 stitches that form the wing on the other side, and 5 edge stitches. (5+3+18+3+5)

Row 5: knit across

**All even rows:** knit the 5 edge stitches to 1<sup>st</sup> marker, yo, knit all stitches up to 2<sup>nd</sup> marker, yo right before 2<sup>nd</sup> marker, knit 18 center sts to 3<sup>rd</sup> marker, yo, knit all stitches up to 4<sup>th</sup> marker, yo before 4<sup>th</sup> marker, knit 5 edge stitches.

**All odd Rows:** knit across all stitches.

All increases will be made on even numbered rows. Continue increases throughout the rest of the pattern, including shoulder increase rows and rib pattern.

The shawl is shaped as follows: 5 edge stitches, the first “wing,” a center panel, the second “wing,” and 5 edge stitches.

**Begin shoulder shaping on row 22:**

**Row 22:** increase 3 stitches evenly across first wing, knit across the center panel, increase 3 stitches evenly across second wing. (Remember that you are also continuing to do the even numbered row increases!) The stitch count is: (5+24+18+24+5)

**Row 32:** increase 3 stitches evenly across first wing, knit across the center panel, increase 3 stitches evenly across second wing. The stitch count is: (5+37+18+37+5)

**Row 42:** increase 5 stitches evenly across first wing, knit across the center panel, increase 5 stitches evenly across second wing. The stitch count is: (5+52+18+52+5)

**Begin rib stitch variation:**

Row 1: knit 5 st, yo, \*knit 2, purl 2\* across first wing until center gusset, yo, knit center gusset, yo, \*purl 2, knit 2\* across wing, yo, knit 5.

Row 2: knit 5 st, yo, knit the knit sts and purl the purl sts across wing, yo, knit center gusset, yo, knit the knit sts and purl the purl sts across wing, yo, knit 5

Row 3: knit all stitches

Row 4: knit all stitches

Note: be careful to make sure the rib sections are aligned. The increases are such that the ribs will start on a different stitch in each row.

Continue in rib pattern until shawl is desired length, bind off.